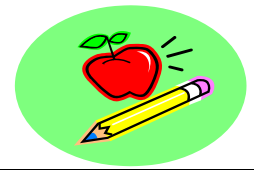




Hudson City School District

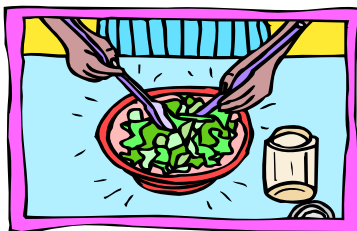
Cafeteria Menu - John L. Edwards Primary School

September 1 - 30, 2010



Breakfast Prices: Gr. Pre-K-2 \$1.10, Gr. 3-12 \$1.35 Lunch Prices: Gr. Pre-K-2 \$1.65, Gr. 3-12 \$2.00 All Reduced \$.25 Prepayment Available	**Food Service Helper Substitutes Needed** (on call, as needed) - Applications available in the Business Office	9/8	9/9	9/10
		Breakfast Program Starts Monday, 9/13/10		
		LUNCH	LUNCH	LUNCH
		Chicken Nuggets w/ Dipping Sauce Mashed Potatoes, Gravy Green Beans Fruit, Milk	Hot Dog on a Bun Vegetarian Baked Beans Potato Tots Fruit Milk	Cheese or Pepperoni Pizza Tossed Salad Greens Tortilla Chips, Salsa Fruit, Milk
BREAKFAST 9/13	BREAKFAST 9/14	BREAKFAST 9/15	BREAKFAST 9/16	BREAKFAST 9/17
Yogurt & Muffin	Breakfast Sandwich (Sausage, Egg, & Cheese)	French Toast Sticks	Colby Cheese Skillet Omelet & Toast	Assorted Bagels w/ Cream Cheese
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Mozzarella Sticks w/ Dipping Sauce Pasta w/ Sauce Veggie Sticks Fruit, Milk	"Bluehawk Special!" Cheeseburger on a Bun Lettuce, Tomato, Onion Oven Fries Fruit, Milk	Spaghetti w/ Meatballs Italian Bread Steamed Broccoli Fruit Milk	Chicken Patty on a Bun Potato Wedges Fruit Milk	Cheese Pizza or Filet of Fish Onion Rings Fruit Milk
BREAKFAST 9/20	BREAKFAST 9/21	BREAKFAST 9/22	BREAKFAST 9/23	BREAKFAST 9/24
Breakfast Pizza	"Eggstravaganza" (Bacon, Eggs, & Cheese) w/ Toast	Cereal & Muffin	Breakfast Sandwich (Canadian Bacon, Egg, Cheese)	Flavored Mini-Pancakes
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Pancakes & Sausage Smile Fries Veggie Sticks Fruit Milk	Popcorn Chicken Mashed Potatoes, Gravy Peas Fruit Milk	Mini-Burgers (Sliders) Seasoned Potato Rounds Veggie Sticks Fruit Milk	Grilled Cheese Sandwich Chicken Noodle Soup Cole Slaw Fruit Milk	Cheese or Pepperoni Pizza Potato Tots Steamed Carrots Fruit Milk
Free/reduced meal applications are due by Tues., Sept. 29th				
BREAKFAST 9/27	BREAKFAST 9/28	BREAKFAST 9/29	BREAKFAST 9/30	BREAKFAST 10/1
French Toast Sticks	Breakfast Pizza	Assorted Bagels w/ Cream Cheese	Yogurt & Sunflower Seeds	Scrambled Eggs, Toast
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken Nuggets w/ Dipping Sauce Mashed Potatoes, Gravy Green Beans Fruit, Milk	"Bluehawk Special" Cheeseburger on a Bun Oven Fries Fruit Milk	Hot Dog on a Bun Macaroni & Cheese Green Beans Fruit Milk	Tacos, Hard or Soft Shell Seasoned Meat Filling Lettuce, Salsa, Cheese Rice, Corn Fruit, Milk	"The Max" Stuffed Crust Pizza Regular or Pepperoni Potato Salad Fruit Milk

****Salad Bar on Wednesdays****



Available Daily:

PBJ or Tuna Salad Sandwiches

Fresh or Canned Fruit

Milk - All Milk is Fat Free or Low-fat (1/2%-1%)

Take advantage of our **FREE** and **REDUCED** breakfast and lunch programs. Please contact Catherine Drumm at 828-4360, Ext. 2104, for more information.

Ala Carte Prices:
Milk .40

Fruit Juice .50

Ice Cream .75

Frozen Juice Stick .75

(100% Frozen Juice)

Breakfast Includes a Choice of Fresh Fruit, Juices, Cereals, Milk, and the Daily Selection as Printed on the Breakfast Menu

Please submit your free/reduced meal application before September 29!

Please see back of menu for "Nutrition Nuggets"