






February
Hudson City School District



Cafeteria Menu - M.C.S. Elementary School (Menu may vary by school)
February, 2019

BREAKFAST 1/28 WG Bagel w/ Cream Cheese	BREAKFAST 1/29 WG Donut	BREAKFAST 1/30 Ultimate Breakfast Round	BREAKFAST 1/31 Breakfast Pizza	BREAKFAST 2/1 WG Muffin & Cheese Stick
LUNCH Mozzarella Sticks w/ Dipping Sauce Garlic Roll Green Beans Fruit Choices, Milk	LUNCH Chicken & Waffle Sweet Potato Fries Fruit Choices Milk	LUNCH Corn Tortilla Chips w/ Taco Meat & Cheese Black Beans Salsa Fruit Choices, Milk	LUNCH "Brunch for Lunch" WG French Toast Sticks Turkey Sausage Patty Hash Brown Rounds Fruit Choices, Milk	LUNCH Cheese Pizza Garden Salad Fruit Choices Milk
BREAKFAST 2/4 WG Bagel w/ Cream Cheese	BREAKFAST 2/5 Egg & Cheese Sandwich	BREAKFAST 2/6 Yogurt & Cereal	BREAKFAST 2/7 WG French Toast Sticks	BREAKFAST 2/8 WG Muffin & Cheese Stick
LUNCH Chicken Nuggets Brown Rice Steamed Carrots Fruit Choices Milk	LUNCH Grilled Cheese Sandwich on Whole Wheat Bread Chicken Noodle Soup Chickpea Salad Fruit Choices Milk	LUNCH Meatball Sub on W.W. Roll Broccoli Spears Fruit Choices Milk	LUNCH Roast Turkey w/ Gravy Mashed Potatoes Whole Wheat Dinner Roll Fruit Choices Milk	LUNCH Cheese Pizza Veggie Sticks Fruit Choices Milk
BREAKFAST 2/11 WG Bagel w/ Cream Cheese	BREAKFAST 2/12 Mini-Pancakes	BREAKFAST 2/13 WG Donut	BREAKFAST 2/14 Mini-Pancakes	BREAKFAST 2/15 WG Muffin & Cheese Stick
LUNCH Cheeseburger on WW Bun Lettuce & Tomato Tator Tots Fruit Choices Milk	LUNCH Popcorn Chicken Bowl (Chicken, Mashed Potatoes, Corn, & Gravy) Whole Wheat Dinner Roll Fruit Choices, Milk	LUNCH Chicken or Cheese Quesadilla Black Beans Salsa Fruit Choices, Milk	LUNCH Cheese Pizza Garden Salad Fruit Choices Milk	LUNCH Chicken Patty on Whole Wheat Bun Sweet Potato Fries Fruit Choices Milk
2/18	2/19	2/20	2/21	2/22
Mid-Winter Recess 2/18 - 2/22/19				
				
BREAKFAST 2/25 WG Bagel w/ Cream Cheese	BREAKFAST 2/26 Egg & Cheese Sandwich	BREAKFAST 2/27 Yogurt & Cereal	BREAKFAST 2/28 Breakfast Pizza	BREAKFAST 3/1 WG Muffin & Cheese Stick
LUNCH Chicken Nuggets Brown Rice Steamed Carrots Fruit Choices Milk	LUNCH All Beef Hot Dog on Whole Wheat Bun Vegetarian Beans Fruit Choices Milk	LUNCH Mozzarella Sticks w/ Dipping Sauce Garlic Roll Green Beans Fruit Choices Milk	LUNCH "Brunch for Lunch" WG French Toast Sticks Turkey Sausage Patty Hash Brown Rounds Fruit Choices, Milk	LUNCH Cheese Pizza Garden Salad Fruit Choices Milk

Breakfast includes a Choice of Fresh Fruit, Juices, Cereals, Bagels, Milk, and the Daily Selection as Printed on the Breakfast Menu

Available Daily for Lunch:
Pre-packed Fresh Salad
Fresh and Canned Fruit
Assorted Sandwiches, including Grilled Cheese Sandwich
Hummus Plate: Hummus, Flat Bread, Cheese Stick, & Veggie Sticks
Milk - All Milk is Fat Free

All Grain Products are Whole Grain Rich

Please see reverse side of menu for additional offerings.

Menu subject to change.

Hudson City School District is an equal opportunity employer and provider.