



November



Hudson City School District
Cafeteria Menu - M.C.S. Elementary School (Menu may vary by school.)
November, 2018

BREAKFAST 10/29 WG Muffin & Cheese Stick	BREAKFAST 10/30 Cinnamon U.B.R.	BREAKFAST 10/31 Mini-Pancakes	BREAKFAST 11/1 Breakfast Pizza	BREAKFAST 11/2 WG Bagel w/ Cream Cheese
LUNCH Chicken Nuggets Brown Rice Hot Buttered Carrots Fruit Choices Milk	LUNCH Cheeseburger on WW Bun Lettuce & Tomato Smiley Fries Fruit Choices Milk	LUNCH Corn Tortilla Chips w/ Taco Meat & Cheese Black Beans Salsa Fruit Choices, Milk	LUNCH Chicken & Waffle Veggie Sticks Fruit Choices Milk	LUNCH Cheese Pizza Garden Salad Applesauce Milk
BREAKFAST 11/5 WG Muffin & Cheese Stick	BREAKFAST 11/6	BREAKFAST 11/7 WG Donut	BREAKFAST 11/8 French Toast Sticks	BREAKFAST 11/9 WG Bagel w/ Cream Cheese
LUNCH Chicken Patty on Whole Wheat Bun Lettuce & Tomato Sweet Potato Fries Fruit Choices Milk	LUNCH Superintendent's Conference Day No School	LUNCH Meatball Sub on W.W. Roll Broccoli Spears Fruit Choices Milk	LUNCH All Beef Hot Dog on Whole Wheat Bun Tator Tots Fruit Choices Milk	LUNCH Cheese Pizza Garden Salad Applesauce Milk
BREAKFAST 11/12	BREAKFAST 11/13 Cinnamon U.B.R.	BREAKFAST 11/14 Mini-Pancakes	BREAKFAST 11/15 Breakfast Pizza	BREAKFAST 11/16 WG Bagel w/ Cream Cheese
VETERANS DAY No School 	LUNCH Chicken Nuggets Brown Rice Hot Buttered Carrots Fruit Choices Milk	LUNCH 1/2 DAY - ALL SCHOOLS No Lunch Served	LUNCH "Brunch for Lunch" WG French Toast Sticks Turkey Sausage Patty Hash Brown Rounds Fruit Choices Milk	LUNCH Cheese Pizza Garden Salad Applesauce Milk
BREAKFAST 11/19 WG Muffin & Cheese Stick	BREAKFAST 11/20 WG Donut	BREAKFAST 11/21	BREAKFAST 11/22	BREAKFAST 11/23
LUNCH Mozzarella Sticks w/ Dipping Sauce Garlic Roll Veggie Sticks Fruit Choices Milk	LUNCH Cheeseburger on WW Bun Lettuce & Tomato Smiley Fries Fruit Choices Milk	THANKSGIVING 	THANKSGIVING 	RECESS 
BREAKFAST 11/26 WG Muffin & Cheese Stick	BREAKFAST 11/27 Cinnamon U.B.R.	BREAKFAST 11/28 Yogurt & Cereal	BREAKFAST 11/29 Breakfast Pizza	BREAKFAST 11/30 WG Bagel w/ Cream Cheese
LUNCH Chicken Patty on Whole Wheat Bun Lettuce & Tomato Sweet Potato Fries Fruit Choices Milk	LUNCH All Beef Hot Dog on Whole Wheat Bun Vegetarian Baked Beans Fruit Choices Milk	LUNCH Chicken Taco on WG Soft Shell Lettuce, Cheese, Salsa Black Beans Fruit Choices Milk	LUNCH Popcorn Chicken Bowl (Chicken, Mashed Potatoes, Corn, & Gravy) Whole Wheat Dinner Roll Fruit Choices Milk	LUNCH Cheese Pizza Garden Salad Fruit Choices Milk

Breakfast Includes a Choice of Fresh Fruit, Juices, Cereals, Bagels, Milk, and the Daily Selection as Printed on the Menu.

Available Daily for Lunch:
 Pre-packed Chef Salad
 Fresh and Canned Fruit
 Assorted Sandwiches, including Grilled Cheese Sandwich
 Hummus Plate: Hummus, Flat Bread, Cheese Stick, & Veggie Sticks
 Milk - All Milk is Fat Free

All grain products are whole grain rich.

Hudson City School District is an equal opportunity employer and provider.

Please see reverse side of menu for additional offerings.

Menu subject to change.