



Hudson City School District
Cafeteria Menu - Jr./Sr. High School (Menu may vary by school)
February, 2018

BREAKFAST 1/29 WG French Sticks & Turkey Sausage	BREAKFAST 1/30 Breakfast Pizza	BREAKFAST 1/31 Yogurt Bar w/ Grain & Fruit Toppings	BREAKFAST 2/1 Breakfast Sandwich	BREAKFAST 2/2 Assorted WG Donuts
LUNCH WG Chicken Nuggets Mashed Potatoes Whole Wheat Dinner Roll Vegetable Bar Fruit Choices, Milk	LUNCH WG Chicken Fajita Wrap Rice Black Beans, Salsa Vegetable Bar Fruit Choices, Milk	LUNCH WG Mozzarella Sticks w/ Dipping Sauce Vegetable Bar Fruit Choices Milk	LUNCH Beef Taco on WG Soft or Hard Shell Lettuce & Cheese Rice, Corn, & Salsa Vegetable Bar Fruit Choices, Milk	LUNCH WG Veggie, Buffalo, or Cheese Pizza Vegetable Bar Fruit Choices Milk
BREAKFAST 2/5 WG Mini-Pancakes	BREAKFAST 2/6 Corn Muffin & Cheese Stick	BREAKFAST 2/7 Yogurt Bar w/ Grain & Fruit Toppings	BREAKFAST 2/8 Breakfast Pizza	BREAKFAST 2/9 Ultimate Breakfast Round & Yogurt
LUNCH WG Chicken Patty on Whole Wheat Bun Lettuce, Tomato, Onion Oven Fries Vegetable Bar Fruit Choices, Milk	LUNCH Sweet & Sour Chicken Mini Veggie Egg Roll Brown Rice Vegetable Bar Fruit Choices Milk	LUNCH WW Spaghetti w/ Meatballs WG Garlic Roll Spinach, White Beans Vegetable Bar Fruit Choices Milk	LUNCH Cheeseburger on WW Bun Sweet Potato Fries Vegetable Bar Fruit Choices Milk	LUNCH WG Veggie, Buffalo, or Cheese Pizza Vegetable Bar Fruit Choices Milk
BREAKFAST 2/12 WG French Toast Sticks & Turkey Sausage	BREAKFAST 2/13 Assorted WG Donuts	BREAKFAST 2/14 Yogurt Bar w/ Grain & Fruit Toppings	BREAKFAST 2/15 Breakfast Sandwich	BREAKFAST 2/16 Muffin & Yogurt
LUNCH WG Mozzarella Sticks w/ Dipping Sauce Vegetable Bar Fruit Choices Milk	LUNCH WG Popcorn Chicken Mashed Potatoes, Gravy Whole Wheat Dinner Roll Vegetable Bar Fruit Choices, Milk	LUNCH Beef Taco on WG Soft or Hard Shell Lettuce & Cheese Rice, Corn, & Salsa Vegetable Bar Fruit Choices, Milk	LUNCH Chicken Parmesan w/ WG Pasta & Sauce Vegetable Bar Fruit Choices Milk	LUNCH WG Veggie, Buffalo, or Cheese Pizza Vegetable Bar Fruit Choices Milk
2/19	2/20	2/21	2/22	2/23
Mid-Winter Recess 2/19 - 2/23/18				
BREAKFAST 2/26 WG Mini-Pancakes	BREAKFAST 2/27 Assorted WG Donuts	BREAKFAST 2/28 Yogurt Bar w/ Grain & Fruit Toppings	BREAKFAST 3/1 Breakfast Sandwich	BREAKFAST 3/2 Ultimate Breakfast Round & Yogurt
LUNCH WG Chicken Nuggets Mashed Potatoes Whole Wheat Dinner Roll Vegetable Bar Fruit Choices Milk	LUNCH Cheeseburger on WW Bun Sweet Potato Fries Vegetable Bar Fruit Choices Milk	LUNCH Cheesy Stuffed Bread Sticks w/ Marinara Sauce Vegetable Bar Fruit Choices Milk	LUNCH WG Chicken Fajita Wrap Rice Black Beans, Salsa Vegetable Bar Fruit Choices, Milk	LUNCH WG Veggie, Buffalo, or Cheese Pizza Vegetable Bar Fruit Choices Milk

Please see reverse side of menu for additional offerings.

Ala Carte Prices:
Milk \$.50
Fruit Juice \$.50
Ice Cream \$.75

Available Daily:

- Salad Bar
- Fresh or Canned Fruit
- Assorted Sandwiches
- Milk - All Milk is Fat Free

Menu subject to change.

****Food Service Helper Substitutes Needed****
(on call, as needed) - Applications available in the Business Office

All Grain Products are Whole Grain Rich

Breakfast includes a Choice of Fresh Fruit, Juices, Cereals, Bagels, Milk, and the Daily Selection as Printed on the Breakfast Menu

Hudson City School District is an equal opportunity employer and provider.

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