



**Hudson City School District**  
**Cafeteria Menu - Jr./Sr. High School (Menu may vary by school)**  
**January, 2018**

1/1	BREAKFAST 1/2	BREAKFAST 1/3	BREAKFAST 1/4	BREAKFAST 1/5
	Cereal & Muffin	Assorted WG Donuts	Breakfast Pizza	French Toast Sticks w/ Turkey Sausage
	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
<b>Holiday Recess</b> <b>Happy New Year!</b>	WG Mozzarella Sticks w/ Dipping Sauce Green Beans Vegetable Bar Fruit Choices, Milk	All Beef Hot Dog on Whole Wheat Bun Vegetarian Baked Beans Tator Tots Vegetable Bar Fruit Choices, Milk	WG Chicken Nuggets Mashed Potatoes Corn Vegetable Bar Fruit Choices, Milk	WG Veggie, Buffalo, or Cheese Pizza Vegetable Bar Fruit Choices Milk
BREAKFAST 1/8	BREAKFAST 1/9	BREAKFAST 1/10	BREAKFAST 1/11	BREAKFAST 1/12
Mini-Pancakes	Assorted WG Donuts	Yogurt Bar	Breakfast Sandwich	Corn Muffin & Cheese Stick
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
WG Chicken Tenders Sweet Potato Fries Whole Grain Biscuit Vegetable Bar Fruit Choices, Milk	Cheeseburger on W.W. Bun Lettuce, Tomato, Onion Crinkle Cut Fries Vegetable Bar Fruit Choices, Milk	Chicken Taco on WG Soft or Hard Shell Lettuce, Tomato, Cheese Salsa, Rice Vegetable Bar Fruit Choices, Milk	Turkey w/ Gravy Mashed Potatoes Whole Grain Biscuit Vegetable Bar Fruit Choices, Milk	WG Stuffed Crust Pizza Vegetable Bar Fruit Choices Milk
1/15	BREAKFAST 1/16	BREAKFAST 1/17	BREAKFAST 1/18	BREAKFAST 1/19
Martin Luther King, Jr. Day	Ultimate Breakfast Round & Yogurt	French Toast w/ Turkey Sausage	Breakfast Pizza	Mini-Strawberry Bagel
<b>School Closed</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
<b>M.L.K. DAY!</b>	WG Mozzarella Sticks w/ Dipping Sauce Green Beans Vegetable Bar Fruit Choices, Milk	WG Popcorn Chicken Bowl Mashed Potatoes, Gravy, & Corn Whole Grain Biscuit Vegetable Bar Fruit Choices, Milk	Corn Tortilla Chips w/ Taco Meat & Cheese Salsa, Corn, & Rice Vegetable Bar Fruit Choices, Milk	WG Veggie, Buffalo, or Cheese Pizza Vegetable Bar Fruit Choices Milk
BREAKFAST 1/22	BREAKFAST 1/23	BREAKFAST 1/24	BREAKFAST 1/25	BREAKFAST 1/26
Mini-Pancakes	Assorted WG Donuts	Yogurt Bar	Breakfast Pizza	Cereal & Muffin
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Chicken Patty on Whole Wheat Bun Sweet Potato Fries Vegetable Bar Fruit Choices, Milk	Sweet & Sour Chicken Brown Rice Mini Veggie Egg Roll Vegetable Bar Fruit Choices, Milk	Cheeseburger on W.W. Bun Lettuce, Tomato, Onion Crinkle Cut Fries Vegetable Bar Fruit Choices, Milk	Beef Taco on WG Soft or Hard Shell Lettuce, Tomato, Cheese Salsa, Rice Vegetable Bar Fruit Choices, Milk	Cheesy Stuffed Bread Sticks w/ Marinara Sauce Vegetable Bar Fruit Choices Milk
<b>H.S. Testing Days - Lunch Available 10:30 a.m. - 12 noon - 1/22 - 1/25/18</b>				

**Available Daily:**

- Salad Bar
- Fresh or Canned Fruit
- Assorted Sandwiches
- Milk - All Milk is Fat Free

All grain products are whole grain rich.

**Please see reverse side of menu for additional offerings.**

**Food Service Helper  
 Substitutes Needed**  
 (on call, as needed) -  
 Applications available  
 in the Business Office

**Menu subject to change.**

Breakfast Includes a Choice  
 of Fresh Fruit, Juices, Cereals,  
 Bagels, Milk, and the Daily  
 Selection as Printed on  
 the Menu.

Ala Carte Prices:  
 Milk \$.50  
 Fruit Juice \$.50  
 Ice Cream \$.75  
 Frozen Yogurt \$1.00



Hudson City School District is an equal opportunity employer and provider.



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