



Hudson City School District

Cafeteria Menu - Jr./Sr. High School (Menu may vary by school.)



September, 2017

9/4	9/5	BREAKFAST 9/6	BREAKFAST 9/7	BREAKFAST 9/8
<b>LABOR DAY</b> 	<b>SUPERINTENDENT'S CONFERENCE DAY</b> 	Cereal & Muffin	Bagel w/ Cream Cheese	Ultimate Breakfast Round & Yogurt
		<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
		All Beef Hot Dog on Whole Wheat Bun Potato Wedges Vegetable Bar Fruit Choices, Milk	Spaghetti w/ Meatballs Vegetable Bar Fruit Choices Milk	"Big Daddy's" Pizza Vegetable Bar Fruit Choices Milk
BREAKFAST 9/11	BREAKFAST 9/12	BREAKFAST 9/13	BREAKFAST 9/14	BREAKFAST 9/15
Breakfast Pizza	Pancakes, Syrup	Yogurt Bar w/ Fruit & Grain Toppings	Breakfast Sandwich (Egg & Turkey Bacon on Biscuit)	Muffin & Yogurt
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Chicken Nuggets Mashed Potatoes, Gravy Vegetable Bar Whole Wheat Dinner Roll Fruit Choices, Milk	Tacos, W.G. Hard or Soft Shell Seasoned Meat Lettuce, Tomato, Cheese Salsa, Corn, Rice (9-12) Fruit Choices, Milk	Mozzarella Sticks w/ Dipping Sauce Vegetable Bar Fruit Choices Milk	"Bluehawk Special" Cheeseburger on W.W. Bun Lettuce, Tomato, Onion Seasoned Potato Wedges 1 Pkg. Crackers (9-12) Fruit Choices, Milk	"The Max" Stuffed Crust Pizza Vegetable Bar Fruit Choices Milk
BREAKFAST 9/18	BREAKFAST 9/19	BREAKFAST 9/20	BREAKFAST 9/21	BREAKFAST 9/22
Mini-Bagels	Assorted Donuts	Ultimate Breakfast Round & Yogurt	French Toast Sticks	Breakfast Sandwich (Egg & Cheese on Biscuit)
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Chicken Patty on Whole Wheat Bun Lettuce, Tomato, Onion Oven Roasted Potato Rounds Vegetable Bar Fruit Choices, Milk	Ham & Cheese on Bagel Tomato Soup Vegetable Bar Fruit Choices Milk	Tacos, W.G. Hard or Soft Shell Seasoned Meat Lettuce, Tomato, Cheese Salsa, Corn, Rice (9-12) Fruit Choices, Milk	Oven Roasted Chicken Mashed Potatoes, Gravy Vegetable Bar Whole Wheat Dinner Roll Fruit Choices, Milk	"Big Daddy's" Pizza Vegetable Bar Fruit Choices Milk
BREAKFAST 9/25	BREAKFAST 9/26	BREAKFAST 9/27	BREAKFAST 9/28	BREAKFAST 9/29
Mini-Pancakes	Breakfast Pizza	Yogurt & Muffin	Breakfast Sandwich (Egg & Turkey Sausage on Biscuit)	Assorted Donuts
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Mozzarella Sticks w/ Dipping Sauce Vegetable Bar Fruit Choices Milk	Chicken Fajita Wrap Spanish Rice Vegetable Bar Fruit Choices Milk	Chili w/ Cheese Sweet Potato Fries Whole Wheat Dinner Roll Vegetable Bar Fruit Choices Milk	Popcorn Chicken Mashed Potatoes, Gravy Vegetable Bar Whole Wheat Dinner Roll Fruit Choices, Milk	"The Max" Stuffed Crust Pizza Vegetable Bar Fruit Choices Milk

Breakfast Includes a Choice of Fresh Fruit, Juices, Cereals, Bagels, Milk, and the Daily Selection as Printed on the Breakfast Menu

Substitute Food Service Helpers are needed-- Applications are available in the Business Office

Ala Carte Prices:  
Milk \$.50  
Fruit Juice \$.50  
Ice Cream \$.75  
Frozen Yogurt \$1.00

Available Daily:  
Salad Bar  
Fresh or Canned Fruit  
Assorted Sandwiches  
Milk - All Milk is Fat Free



Menu subject to change.

All Grain Products are Whole Grain Rich

Hudson City School District is an equal opportunity employer and provider.

Please see reverse side of menu for additional offerings.

|

.