

HUDSON CITY SCHOOL DISTRICT  
ATHLETIC CODE OF CONDUCT



BOE approved  
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The Interscholastic Athletic Program is an integral part of the total educational process of the Hudson City School District. It is a natural extension of the educational program. Participation in athletics is considered an opportunity and a privilege. Exemplary behavior is expected from the representatives of the school system; therefore anyone participating in athletics is required to maintain a high standard of mental and physical fitness.

#### **OBJECTIVES:**

Our athletic program hopes to provide athletes the opportunity to:

1. learn new skills and improve upon old skills
2. develop physical vigor and desirable habits in health and safety
3. have the opportunity to compete
4. observe and exemplify good sportsmanship
5. realize that athletic competition is a privilege that carries with it certain responsibilities
6. learn that violation of a rule brings a penalty
7. widen a circle of friends
8. share views about team improvements

#### **ATHLETIC TRAINING RULES**

The athlete is prohibited from:

1. The use or possession of alcohol, tobacco (including snuff, chewing and smokeless tobacco), illegal drugs, illegal performance enhances drugs and look alike drugs.
2. Illegal behaviors including but not limited to: drinking/drug parties, stealing, vandalism, assault or hazing.

#### **VIOLATION OF TRAINING RULES**

The Athletic Director will investigate reports of violations generated by district personnel or other community member who is reliable, objective and competent. Any report will result in the following:

- a. A written report will be generated. This information will be shared with the building principal.
- b. After meeting with the alleged violator, the Building Principal with the Athletic Director will investigate the alleged violation and issue a determination.

- c. If the report is found to be accurate the penalties outlined below will take effect after any school suspension is applied.
- First offense in an athletic season– The athlete will be suspended from 20% of the remaining regular season games (a 2 game minimum). If there are not enough games remaining in the season, post-season games will be included. A suspension will carry from one season to another if needed. Athletes will be encouraged to attend counseling regarding the violation with a school based counselor.
  - Second offense in an athletic season–The athlete is suspended for the remainder of the current season and the next 2 seasons. The student may reenter play the next year in the season in which the violation was committed. Example: violation occurs during winter season 2009, student must sit out remainder of winter season 2009, all of spring season 2010, all of following fall season 2010. Student may reenter sports program in winter season 2010.
3. Violations of Student handbook due to violence behavior, disrespectful behavior or insubordination that result in out of school suspension or full day in school suspension will result in the following:
- a. 1<sup>st</sup> offense in a season- student will serve a 1 game suspension immediately following return to school
  - b. 2<sup>nd</sup> offense in a season- student will sit out remaining 20% of games for that season immediately following return to school.
  - c. 3<sup>rd</sup> offense in a season- student is removed from the team.

**Students and their parents have the right to appeal decisions as outlined in the student handbook**

**Self-Referral:**

An athlete who requests assistance with a problem prior to any violation will be directed to assistance. He/She will not be suspended from competition. A one-year probationary period becomes effective and a future violation will be treated as a first offense.

**TEAM STANDARDS**

In addition to observing regular school policies that are in effect at all times, Athletes must;

1. Attend all practices, contests and team events unless excused by the coach.
2. Follow specific rules set up by the coach
  - a. First offense of #1 or #2 will result in athlete not starting the next contest
  - b. Second offense will result in a one game suspension
  - c. Third offense will result in a 2 game suspension
  - d. Any further offenses will be referred to the Athletic Director and Principal for action which may include immediate removal from a team.
3. Never provoke, cause or engage in a fight or hazing.

4. Never engage in any activity that may cause criticism of his/her team or school.
5. Never be disrespectful to coaches or officials.
  - a. First offense to #3,4, or 5 will result in a one game suspension
  - b. Second offense will result in a 2 game suspension
  - c. Third offense will be referred to the Athletic Director and Principal for further action which may include immediate removal from a team.
6. Never wear jewelry during practice or games (exceptions must be approved by School District and Section II). Penalty imposed by Section II

Continued violations may result in dismissal from the team.

### **STUDENT ATTENDANCE**

Students must be present in school no later than 8:30 am. Anyone entering after 8:30 am without a legal excuse (medical, legal, religious) will not be eligible to practice or play that day. Any illegal absence from study hall or class will result in ineligibility for the day. If a team member is on suspension or detention for any disciplinary infractions they will not be able to practice or play that day. Repeated offenses may result in dismissal from the team.

### **ACADEMIC ELIGIBILITY**

**Winter and Spring Sports:** All grades will be checked at the quarter mark. Students must be passing 80% of the enrolled classes to be eligible. Any student not passing 80% will have the 2-week period immediately following in which to bring their grades to passing. During this time a student may practice and remain a member of the team, but will not compete in any games. At the end of the 2 weeks, students passing 80% of the subjects will be allowed to compete in games. If a student is still not passing 80% of the subjects they will be removed as a member of the team. The athletic department in conjunction with the coach and parents will monitor the progress of the athlete.

Grades will also be checked at the 5-week (Progress Report) mark. Any student failing or in danger of failing will be encouraged to seek additional help in those subjects.

**Fall Sports:** Eligibility will be determined by the Final course grades of the 4<sup>th</sup> quarter. Students must pass 80% of the subjects to be eligible. Summer school can be used to achieve an 80% passing rate.

Grades will also be checked at the 5-week (Progress Report) mark. Any student failing or in danger of failing will be encouraged to seek additional help in those subjects.

- **A passing grade in physical education is required of all student athletes during each sport season. Students must change and participate in physical education each class period in order to play or practice that day. Not changing or participating results in ineligibility for that day.**

## STUDENT ELIGIBILITY

According to the NYSPHSAA regulation, a pupil shall be eligible for interscholastic competition provided that he/she is a bona fide pupil enrolled during the first 15 days of the semester, is registered in the equivalent of three regular courses, is meeting the physical education requirement, and has been in regular attendance 80% of the time. Bona fide absences caused by illness are accepted.

The State sets regulations concerning daily attendance at practices and the minimum number of practices before being eligible for competition for each sport. Your coach will inform you of these rules.

Mixed competition: The deadline for those signing up for a team of the opposite sex is two months prior to the first day of practice. A letter of interest must be submitted to the Administration.

## DURATION OF COMPETITION

A pupil shall be eligible for senior high school athletic competition in a sport during each of four consecutive seasons of such sport commencing with the pupil's entry into the ninth grade and prior to graduation. A pupil reaching the age 19 on or after July 1 may continue to compete during that school year in all sports.

**Transfer rule:** A student transferring into the Hudson City School District or from the District must be approved for competition according to the Section II rules. Violations may result in forfeiture of athletic contests. Both coaches and the Athletic Director must approve any transfer of athletes between teams in the same season.

## QUITTING A TEAM

A student, who qualifies for and makes a team, participates in one practice after making the team and then quits that team, will be ineligible to participate in any other sport during that season unless agreed upon by both coaches involved and the athletic director.

## TRANSPORTATION

Students will be transported to and from all away athletic events by school authorized vehicles. Parents may transport their child home after signing out the student with the coach. **Prior approval** by the administration is required for a student to be transported by anyone other than custodial parent.

## SPORTS PHYSICALS

The school physician will examine all candidates for interscholastic sports teams as scheduled by the school nurse. The school physician will review sports physicals completed by the student's primary care provider. The physical is good for one calendar year. The school physician will review and sign pre-participation (general medical history) forms prior to the commencement of each sports season for all athletes and make final determination regarding fitness of students desiring to participate on athletic teams. Parents must fill out a pre-participation form and return it to the coach **before a student is allowed to try out.** The school physician will review and sign weight cards for members of the wrestling team.

## **SCHOOL UNIFORMS AND EQUIPMENT**

It is the responsibility of the athlete to return to the coach all clothing and equipment issued. Failure to do so will result in an athlete paying for the missing articles. If payment is not made, students will forfeit the right to receive any further equipment from the school, be ineligible for certificates and have report cards held.

## **TRAVEL ATTIRE**

On away trips, those students not wearing their uniform to the event shall dress in a manner that displays respect for themselves, the school and the opposing teams. Dress pants, khaki pants, button down shirts, sweaters are all good examples of this.

## **ATHLETIC AWARDS**

General requirements for awards: A player must complete the season although the coach and Athletic Director may make exceptions in unusual cases. The athlete must be a good representative of the school and team and abide by the Athletic code of conduct. Letters and awards will be given only upon the recommendation of the coach.

Freshmen athletes will receive a certificate and a pin

JV athletes in 1<sup>st</sup> year will receive a small H

JV athletes in 2<sup>nd</sup> year will receive a pin

Varsity athletes in 1<sup>st</sup> year will receive a large H

Varsity athletes in 2<sup>nd</sup> year will receive a pin

## **HUDSON HIGH**

### **CODE OF CONDUCT FOR SPECTATORS**

1. Spectators are an important part of the games and are encouraged to conform to accepted standards of good sportsmanship and behavior.
2. Spectators must at all times respect officials, visiting coaches, players, and cheerleaders as guests in the community and extend all courtesies to them.
3. Enthusiastic cheering for ones' own team is encouraged.
4. Booing, whistling, stamping of the feet within the bleachers, and disrespectful remarks shall be avoided.
5. There will be no ringing of bells, sounds of horns, or other noisemakers at indoor contests during play. Anyone who does not abide by this rule will be asked to leave the premises.
6. Pep bands or school bands, under the supervision of the school personnel, may play during timeouts, between periods, or at halftime. Bands must coordinate their play so as not to interfere with a cheerleading squad on the floor or field.
7. The throwing of debris, confetti, or other objects from the stands is prohibited. Offending individuals will be asked to leave.
8. During a free throw all courtesies shall be extended.
9. Courteous behavior is an expectation.
10. Spectators will observe the rules of the local school concerning smoking, food and drinking consumption, littering, and parking procedures.
11. **Spectators will respect and obey all school officials and supervisors at athletic contests.**

## HUDSON HIGH SPORTSMANSHIP POLICY

Learn and understand the rules of your sport. Play hard; play to win, but play fairly within the rules. Do not allow your temper to distract you from the fundamentals of good sportsmanship. Maintain self-control. Respect your opponent. Never taunt. Congratulate him or her at the game's end. Acknowledge good play. Respect the integrity and judgment of the officials. Decisions of the officials can only be questioned by appropriate team members in a courteous manner. Be an example for your school, teammates and opponents. A player who is disqualified from a contest for unsportsmanlike behavior is prohibited from playing in the next regularly scheduled contest/game. An intentional physical confrontation with an official or coach is any incident in which a player strikes, bumps or otherwise physically intimidates an official prior to, during or after a contest/game and results in the removal of the player from team.

### N.C.A.A REQUIREMENTS

Any student enrolling in a Division I or II College or University and interested in participating in athletics must meet specific eligibility requirements. The general requirements are:

#### Division I:

- **Graduate from high school**
- Have a **2.000-2.5** grade point average (based on a 4.0 scale) in a successfully completed core curriculum of at least **13** academic courses.
- Have an **820** to 1010 combined score on the SAT Verbal and math sections or a **68** to 86 sum score on the ACT

#### Division II

- Requirements as highlighted in Division I

You must be registered and certified by the N.C.A.A. Initial Eligibility Clearinghouse prior to participation. Please contact your guidance counselor at the end of your junior year for the proper clearinghouse registration forms or call the N.C.A.A. hotline  
1-800-638-3731

## **DIRECTIONS TO PATROON CONFERENCE SCHOOLS**

**Cairo Durham High School:** Cross the Rip Van Winkle Bridge. Follow Rt 23 west. Bear right onto Rt 145 w, school entrance is 3 miles ahead on the left. [www.cairodurham.org](http://www.cairodurham.org)

**Catskill High School:** Cross the Rip Van Winkle Bridge. Follow Rt 23 west, Exit to 9w south. At blinking light turn left School is on the right. [www.catskillcsd.org](http://www.catskillcsd.org)

**Chatham High School:** Take Route 66 north. At light turn left onto Church St. ¼ mile down turn right onto Woodbridge Ave. School entrance on left over train tracks.  
[www.chathamcentralschools.com](http://www.chathamcentralschools.com)

**Coxsackie-Athens High School:** Cross the Rip Van Winkle Bridge. Take Rt 23 east to RT 9W north. Turn right onto Plank Rd (Correctional Facility on right). Follow this around to stop sign, take a right onto Stacey Rd, and turn left at first road Sunset Blvd, school is on left hand side. [www.coxsackie-athens.org](http://www.coxsackie-athens.org)

**Greenville High School:** Cross the Rip Van Winkle Bridge. Continue on RT 23 E. turn right onto RT 32. Stay on 32 into Greenville; turn left onto RT 81 School is on right hand side.  
[www.greenville.k12.ny.us](http://www.greenville.k12.ny.us)

**Ichabod Crane High School:** Take Rt 9 north through Kinderhook and Valatie. School is on right hand side across from McDonalds. [www.ichabodcrane.org](http://www.ichabodcrane.org)

**Maple Hill High School:** Take Route 9 north. Pass the entrance to I-90 and continue north. After passing the Cumberland Farms on the left take your 3<sup>rd</sup> left onto Maple Hill Road. School is one mile down this road.  
[www.schodack.k12.ny.us](http://www.schodack.k12.ny.us)

**Taconic Hills High School:** Take Rt 23, towards Hillsdale 9 miles. Turn right onto RT 11A (Beauty Highway) School is on the left. [www.taconichills.k12.ny.us](http://www.taconichills.k12.ny.us)

**Rensselaer High School:** Take I-90 West to Exit 8. At the end of the ramp take a left at the light onto Washington Ave. Continue straight, go through light (near I-90 entrance) take a sharp left. Take another left and follow signs to building.  
[www.rcsd.k12.ny.us](http://www.rcsd.k12.ny.us)

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ATHLETE'S NAME \_\_\_\_\_

(last name, first name)

SPORT \_\_\_\_\_ LEVEL \_\_\_\_\_

GRADE \_\_\_\_\_

DATE OF BIRTH \_\_\_\_\_

PARENT/GUARDIAN NAME \_\_\_\_\_

PHONE: HOME \_\_\_\_\_

WORK \_\_\_\_\_

CELL \_\_\_\_\_

I have read and understand the guidelines, procedures, training rules and consequences. I give my son/daughter \_\_\_\_\_ permission to participate.

I have knowledge, understanding and agreement with the rules and regulations and have reviewed them with my child.

Parent signature \_\_\_\_\_

Date: \_\_\_\_\_

I acknowledge that I have knowledge, understanding and agreement with the guidelines, procedures, training rules and consequences and I agree to comply with the terms and conditions set forth in order that I may participate.

Athlete signature \_\_\_\_\_

Date: \_\_\_\_\_